

WE CLAIM:

1.A herbal preparation for management of cardiovascular and neurologic disorders comprising at least two of the following constituents, and preferably all three:

- 5 1. *Dioscorea bulbifera*
 2. *Hippophae rhamnoides*
 3. *Bacopa monnieri*

and present in the range of :

- 10 1. *Dioscorea bulbifera* 200-500 mg
 2. *Hippophae rhamnoides* 150-400 mg
 3. *Bacopa monnieri* 100-500 mg

for every 1000 mg of said preparation.

2.A herbal preparation as claimed in claim 1 comprising:

- 15 1. *Dioscorea bulbifera* 200-300 mg
 2. *Hippophae rhamnoides* 250-350 mg
 3. *Bacopa monnieri* 250-500 mg

for every 1000 mg of said preparation.

3. The herbal preparation as claimed in claim 1 comprising known additives such as minerals, vitamins, salt, fillers and/or binders.

20 4. The herbal preparation as claimed in claim 1 comprising organic solvents of *Dioscorea bulbifera*, *Hippophae rhamnoides*, and *Bacopa monnieri*.